

**Itasca ISD**  
**DEC HS LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
				Dec - 1 PEPPERONI PIZZA TUNA SALAD SANDWICH CURLY FRIES FRESH MIX VEGGIES Pineapple Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE KETCHUP FRESH FRUIT
Dec - 4 STIR FRY FAJITA CHICKEN CORN DOG GREEN BEANS CARROTS STRAWBERRY CUPS CAPRI SUN Chocolate Milk Strawberry Milk White Milk KETCHUP MUSTARD	Dec - 5 TACOS Italian Ham Panini PINTO BEANS LETTUCE & TOMATO PICO DE GALLO Spanish Rice STRAWBERRY APPLESAU FRESH FRUIT Chocolate Milk Strawberry Milk White Milk SALSA PACKET ICE CREAM CUPS CHEESE, CHEDDAR, SHR	Dec - 6 HAMBURGER CHIC' PENNE TATER TOTS RANCH STYLE BEANS TROPICAL FRUIT Chocolate Milk Strawberry Milk White Milk KETCHUP MUSTARD Mayonaise FRESH FRUIT	Dec - 7 Chicken Nuggets MAC & CHEESE SWEET POTATOES ROASTED Broccoli FRESH FRUIT WHEAT ROLL Chocolate Milk Strawberry Milk White Milk KETCHUP ASSORTED DIPPING SAUC Pineapple COUNTRY GRAVY	Dec - 8 ROUND PEP PIZZA CHICKEN FRIED STEAK TOSSED SALAD CORN Peaches Chocolate Milk Strawberry Milk White Milk FRESH FRUIT COUNTRY GRAVY PARMESAN CHEESE FF RANCH DRESSING Sherbet Cup Raspberry
Dec - 11 Hot Dog Chicken Nuggets CHERRY TOMATOES FRESH CUCUMBERS CAPRI SUN FRESH FRUIT Chocolate Milk Strawberry Milk White Milk ASSORTED DIPPING SAUC KETCHUP MUSTARD FF RANCH DRESSING Smores Bites	Dec - 12 Burrito RAVIOLI Spanish Rice GREEN BEANS TOSSED SALAD TROPICAL FRUIT FRESH FRUIT Chocolate Milk Strawberry Milk White Milk SALSA PACKET CHEESE SAUCE FF RANCH DRESSING GARLIC TOAST	Dec - 13 CHEESEBURGER Turkey Club Ciabatta LETTUCE & TOMATO RANCH STYLE BEANS TATER TOTS Peaches FRESH FRUIT Chocolate Milk Strawberry Milk White Milk KETCHUP Mayonaise MUSTARD	Dec - 14 SALISBURY STEAK Chicken Rings MASH POTATOES Broccoli FRESH FRUIT Pears WHEAT ROLL Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY KETCHUP ASSORTED DIPPING SAUC	Dec - 15 PEPPERONI PIZZA FISH SAND CORN ROASTED CAULIFLOWER Pineapple FRESH FRUIT Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE ICE CREAM CUPS KETCHUP
Dec - 18 POPCORN CHICKEN CORN DOG CHOC CHIP OATMEAL BA GREEN BEANS AU GRATIN POTATOES CAPRI SUN APPLES KETCHUP Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY ASSORTED DIPPING SAUC	Dec - 19 Bean & Cheese Chalupas COWBOY CAVATINI APPLE CINNAMON MUFFI LETTUCE & TOMATO CORN STRAWBERRY APPLESAU Chocolate Milk Strawberry Milk White Milk SALSA PACKET FRESH FRUIT	Dec - 20 Turkey & Cheese Sand CELERY STICKS CHERRY TOMATOES NACHO CHEESE DORITOS BLUE RASPBERRY APPLES Chocolate Milk Strawberry Milk White Milk KETCHUP MUSTARD Mayonaise BLUEBERRY MUFFIN	Dec - 21 PB&J w/Cheesestick FRESH CARROTS FRESH CUCUMBERS COOL RANCH DORITOS FRESH FRUIT Chocolate Milk Strawberry Milk White Milk Smores Bites	

NON-DISCRIMINATION STATEMENT:  
THIS INSTITUTION IS AN

**\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

**\* - denotes combined nutrient totals with either missing or incomplete nutrient data.**

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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EQUAL OPPURTUNITY EMPLOYER

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