

Itasca ISD
FEB HS LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
			Feb - 1 Chicken Nuggets MAC & CHEESE SWEET POTATOES ROASTED Broccoli FRESH FRUIT WHEAT ROLL Chocolate Milk Strawberry Milk White Milk KETCHUP ASSORTED DIPPING SAUC Pineapple COUNTRY GRAVY	Feb - 2 ROUND PEP PIZZA TUNA SALAD SANDWICH TOSSED SALAD CORN Peaches Chocolate Milk Strawberry Milk White Milk FRESH FRUIT PARMESAN CHEESE FF RANCH DRESSING Sherbet Cup Raspberry
Feb - 5 Hot Dog Chicken Nuggets CHERRY TOMATOES FRESH CUCUMBERS CAPRI SUN FRESH FRUIT Chocolate Milk Strawberry Milk White Milk ASSORTED DIPPING SAUC KETCHUP MUSTARD FF RANCH DRESSING Smores Bites	Feb - 6 Burrito RAVIOLI Spanish Rice GREEN BEANS TOSSED SALAD TROPICAL FRUIT FRESH FRUIT Chocolate Milk Strawberry Milk White Milk SALSA PACKET Cheese Sauce lol c 48 1/4c/# FF RANCH DRESSING GARLIC TOAST	Feb - 7 CHEESEBURGER Turkey Club Ciabatta LETTUCE & TOMATO RANCH STYLE BEANS TATER TOTS Peaches FRESH FRUIT Chocolate Milk Strawberry Milk White Milk KETCHUP Mayonaise MUSTARD	Feb - 8 SALISBURY STEAK Chicken Rings MASH POTATOES Broccoli FRESH FRUIT Pears WHEAT ROLL Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY KETCHUP ASSORTED DIPPING SAUC	Feb - 9 PEPPERONI PIZZA FISH SAND CORN ROASTED CAULIFLOWER Pineapple FRESH FRUIT Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE ICE CREAM CUPS KETCHUP
Feb - 12 POPCORN CHICKEN CORN DOG CHOC CHIP OATMEAL BA GREEN BEANS AU GRATIN POTATOES CAPRI SUN KETCHUP Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY ASSORTED DIPPING SAUC APPLES	Feb - 13 Bean & Cheese Chalupas COWBOY CAVATINI WHEAT BREAD SLICE LETTUCE & TOMATO CORN STRAWBERRY APPLESAU Chocolate Milk Strawberry Milk White Milk SALSA PACKET FRESH FRUIT Sherbet Cup Raspberry	Feb - 14 SPAGHETTI Burrito GARLIC TOAST TOSSED SALAD GREEN BEANS Pineapple Chocolate Milk Strawberry Milk White Milk FF RANCH DRESSING CHEESE SAUCE SALSA PACKET FRESH FRUIT VALENTINE BROWNIE	Feb - 15 CHICKEN STRIPS TACOS WHEAT ROLL SWEET POTATOES ROASTED Broccoli Fruit Cocktail KETCHUP COUNTRY GRAVY Chocolate Milk Strawberry Milk White Milk Jello ASSORTED DIPPING SAUC FRESH FRUIT SALSA PACKET CHEESE, CHEDDAR, SHR	Feb - 16 PEPPERONI PIZZA CORN DOG RANCH STYLE BEANS Corn on the Cob Peaches Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE FRESH FRUIT MUSTARD KETCHUP FUDGE BAR

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 19	Feb - 20 NACHOS PULLED PORK w/BBQ BUN REFRIED BEANS GREEN BEANS Peaches Chocolate Milk Strawberry Milk White Milk FRESH FRUIT CHOC CHIP COOKIES SALSA PACKET	Feb - 21 Steak Fingers Chicken Rings MASH POTATOES CARROTS WHEAT BREAD SLICE TROPICAL FRUIT COUNTRY GRAVY Chocolate Milk Strawberry Milk White Milk FRESH FRUIT KETCHUP ASSORTED DIPPING SAUC GRAPE JELLY Sherbet Cup Raspberry	Feb - 22 CHICKEN STRIP SAND BAJA FISH STICKS Broccoli w/ Cheese CORN Blushing Pears Chocolate Milk Strawberry Milk White Milk FRESH FRUIT KETCHUP Bbq Sauce CHOC CHIP OATMEAL BA	Feb - 23 ROUND PEP PIZZA Grilled Cheese TOSSED SALAD CALIF BLEND VEGGIES Pineapple Chocolate Milk Strawberry Milk White Milk FRESH FRUIT RANCH DRESSING PARMESAN CHEESE ICE CREAM SAND FRESH FRUIT
Feb - 26 QUESADILLAS CHEESEBURGER BUN PINTO BEANS GREEN BEANS CAPRI SUN Chocolate Milk Strawberry Milk White Milk SALSA PACKET Blushing Pears CHEESE SAUCE	Feb - 27 Lasagna CHICKEN STRIPS Spinach Garlic Parmesan Squash Chi GARLIC TOAST Peaches Chocolate Milk Strawberry Milk White Milk FRESH FRUIT COUNTRY GRAVY ASSORTED DIPPING SAUC KETCHUP	Feb - 28 Chicken Salad Roll Ups Burrito COLE SLAW FRESH CARROTS WILD WATERMELON APPLS RANCH DRESSING Chocolate Milk Strawberry Milk White Milk FRESH FRUIT CHILI SALSA PACKET CHOCOLATE MUFFIN Sour Cream Fat Free		

NON-DISCRIMINATION STATEMENT:
THIS INSTITUTION IS AN
EQUAL OPPURTUNITY EMPLOYER

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