

Itasca ISD
JAN MS LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
			Feb - 1 Chicken Nuggets MAC & CHEESE SWEET POTATOES ROASTED Broccoli FRESH FRUIT WHEAT ROLL Chocolate Milk Strawberry Milk White Milk KETCHUP ASSORTED DIPPING SAUC COUNTRY GRAVY	Feb - 2 ROUND PEP PIZZA TUNA SALAD SANDWICH TOSSED SALAD CORN Peaches Chocolate Milk Strawberry Milk White Milk FRESH FRUIT PARMESAN CHEESE FF RANCH DRESSING Sherbet Cup Raspberry
Feb - 5 Hot Dog Chicken Nuggets CHERRY TOMATOES FRESH CUCUMBERS CAPRI SUN Chocolate Milk Strawberry Milk White Milk ASSORTED DIPPING SAUC KETCHUP MUSTARD FF RANCH DRESSING Smores Bites	Feb - 6 RAVIOLI Burrito Spanish Rice GREEN BEANS TOSSED SALAD TROPICAL FRUIT Chocolate Milk Strawberry Milk White Milk SALSA PACKET Cheese Sauce lol c 48 1/4c/# FF RANCH DRESSING	Feb - 7 HAMBURGER Turkey Club Ciabatta LETTUCE & TOMATO RANCH STYLE BEANS TATER TOTS Peaches Chocolate Milk Strawberry Milk White Milk KETCHUP Mayonaise MUSTARD FRESH FRUIT	Feb - 8 SALISBURY STEAK Chicken Rings MASH POTATOES Broccoli Pears WHEAT ROLL Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY KETCHUP ASSORTED DIPPING SAUC FRESH FRUIT	Feb - 9 PEPPERONI PIZZA FISH NUGGETS W/G CORN ROASTED CAULIFLOWER Pineapple Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE KETCHUP
Feb - 12 POPCORN CHICKEN CORN DOG CHOC CHIP OATMEAL BA GREEN BEANS AU GRATIN POTATOES Juice KETCHUP Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY ASSORTED DIPPING SAUC	Feb - 13 Bean & Cheese Chalupas COWBOY CAVATINI LETTUCE & TOMATO CORN STRAWBERRY APPLESAU Chocolate Milk Strawberry Milk White Milk SALSA PACKET FRESH FRUIT	Feb - 14 SPAGHETTI Burrito GARLIC TOAST TOSSED SALAD GREEN BEANS Pineapple Chocolate Milk Strawberry Milk White Milk FF RANCH DRESSING CHEESE SAUCE SALSA PACKET VALENTINE BROWNIE	Feb - 15 CHICKEN STRIPS TACOS SWEET POTATOES ROASTED Broccoli Fruit Cocktail KETCHUP COUNTRY GRAVY Chocolate Milk Strawberry Milk White Milk Jello CHEESE, CHEDDAR, SHR	Feb - 16 PEPPERONI PIZZA CORN DOG RANCH STYLE BEANS Corn on the Cob Peaches Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE MUSTARD KETCHUP
Feb - 19	Feb - 20 NACHOS PULLED PORK w/BBQ BUN REFRIED BEANS GREEN BEANS Peaches Chocolate Milk Strawberry Milk White Milk FRESH FRUIT CHOC CHIP COOKIES SALSA PACKET	Feb - 21 Steak Fingers Chicken Rings MASH POTATOES CARROTS TROPICAL FRUIT COUNTRY GRAVY Chocolate Milk Strawberry Milk White Milk ASSORTED DIPPING SAUC KETCHUP FRESH FRUIT Sherbet Cup Raspberry	Feb - 22 CHICKEN STRIP SAND BAJA FISH STICKS Broccoli w/ Cheese CORN Blushing Pears Chocolate Milk Strawberry Milk White Milk KETCHUP Bbq Sauce	Feb - 23 ROUND PEP PIZZA Grilled Cheese TOSSED SALAD CALIF BLEND VEGGIES Pineapple Chocolate Milk Strawberry Milk White Milk ICE CREAM SAND RANCH DRESSING PARMESAN CHEESE

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 26 QUESADILLAS CHEESEBURGER BUN PINTO BEANS GREEN BEANS Juice Chocolate Milk Strawberry Milk White Milk SALSA PACKET CHEESE SAUCE KETCHUP MUSTARD	Feb - 27 Lasagna CHICKEN STRIPS Spinach Garlic Parmesan Squash Chi GARLIC TOAST Peaches Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY ASSORTED DIPPING SAUC KETCHUP	Feb - 28 Chicken Salad Roll Ups Burrito COLE SLAW FRESH CARROTS WILD WATERMELON APPLS RANCH DRESSING Chocolate Milk Strawberry Milk White Milk CHILI SALSA PACKET Sour Cream Fat Free		

NON-DISCRIMINATION STATEMENT:
THIS INSTITUTION IS AN
EQUAL OPPURTUNITY EMPLOYER

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