

Itasca ISD

JAN BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 7 Menu Subject to change without notice	Jan - 8 YOGURT PARFAIT GRANOLA ALPHA -BITS CEREAL REESE'S PUFFS Juice MANDARIN ORANGES Chocolate Milk Strawberry Milk White Milk	Jan - 9 SAUSAGE MUFFIN Cheerios GOLDEN GRAHAMS Juice WILD WATERMELON APPLS Chocolate Milk Strawberry Milk White Milk	Jan - 10 BACON PIZZA Cereal Rice Chex LUCKY CHARMS Juice Peaches Chocolate Milk Strawberry Milk White Milk	Jan - 11 BREAKFAST CRESCENTS Cereal Frosted Mini Whets APPLE JACKS Pears Juice Chocolate Milk Strawberry Milk White Milk
Jan - 14 Mini Bagels cin crm cheese CIN TOAST CRUNCH TRIX Juice Banana Chocolate Milk Strawberry Milk White Milk	Jan - 15 TripleBerry French Toast ALPHA -BITS CEREAL REESE'S PUFFS MANDARIN ORANGES Juice Chocolate Milk Strawberry Milk White Milk Syrup	Jan - 16 BLUEBERRY MUFFIN GO BIG YOGURT Cheerios GOLDEN GRAHAMS Juice WILD WATERMELON APPLS Chocolate Milk Strawberry Milk White Milk	Jan - 17 Breakfast Stick Cereal Rice Chex LUCKY CHARMS Juice Peaches Chocolate Milk Strawberry Milk White Milk Syrup	Jan - 18 Pop Tarts Cereal Frosted Mini Whets APPLE JACKS Juice Grapes Chocolate Milk Strawberry Milk White Milk
Jan - 21 PANCAKES BLUEBERRY M TRIX CIN TOAST CRUNCH Juice Fruit Cocktail Chocolate Milk Strawberry Milk White Milk Syrup	Jan - 22 BREAKFAST PIZZA REESE'S PUFFS ALPHA -BITS CEREAL Pineapple Juice Chocolate Milk Strawberry Milk White Milk	Jan - 23 CINNAMON ROLL Cheerios GOLDEN GRAHAMS Juice STRAWBERRY CUPS Chocolate Milk Strawberry Milk White Milk	Jan - 24 Sausage Wrap Cereal Rice Chex LUCKY CHARMS Juice BLUE RASPBERRY APPLES Chocolate Milk Strawberry Milk White Milk Syrup	Jan - 25 CRUMB CAKE Cereal Frosted Mini Whets APPLE JACKS Juice Grapes Chocolate Milk Strawberry Milk White Milk
Jan - 28 Apple Cherry Frudels CIN TOAST CRUNCH TRIX Juice Banana Chocolate Milk Strawberry Milk White Milk Glaze	Jan - 29 SAUSAGE PATTIE Toast ALPHA -BITS CEREAL REESE'S PUFFS Juice MANDARIN ORANGES Chocolate Milk Strawberry Milk White Milk GRAPE JELLY	Jan - 30 Trix Yogurt Cups Cheerios GOLDEN GRAHAMS WILD WATERMELON APPLS Juice Chocolate Milk Strawberry Milk White Milk GRANOLA	Jan - 31 Bacon Eggstravaganza Toast LUCKY CHARMS Cereal Rice Chex Juice Peaches Chocolate Milk Strawberry Milk White Milk GRAPE JELLY SALSA PACKET	Feb - 1 Mini Cinni's Cereal Frosted Mini Whets APPLE JACKS Juice Pears Chocolate Milk Strawberry Milk White Milk

NON-DISCRIMINATION STATEMENT:

THIS INSTITUTION IS AN

EQUAL OPPURTUNITY EMPLOYER

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.