

Itasca ISD
NOV MS LUNCH

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | Nov - 1 HAMBURGER BUN CHIC' PENNE TATER TOTS RANCH STYLE BEANS TROPICAL FRUIT Chocolate Milk Strawberry Milk White Milk KETCHUP MUSTARD Mayonaise | Nov - 2 Turkey Roast Burrito COUNTRY GRAVY STUFFING GREEN BEANS SWEET POTATOES CRAN SAUCE 16-17 Pumpkin Pie Chocolate Milk Strawberry Milk White Milk CHILI | Nov - 3 ROUND PEP PIZZA CHICKEN FRIED STEAK TOSSED SALAD CORN Peaches Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE COUNTRY GRAVY FF RANCH DRESSING Sherbet Cup Raspberry |
| Nov - 6 Hot Dog Chicken Nuggets CHERRY TOMATOES FRESH CUCUMBERS CAPRI SUN Chocolate Milk Strawberry Milk White Milk ASSORTED DIPPING SAUC KETCHUP MUSTARD FF RANCH DRESSING | Nov - 7 Burrito RAVIOLI Spanish Rice GREEN BEANS TOSSED SALAD TROPICAL FRUIT FRESH FRUIT Chocolate Milk Strawberry Milk White Milk SALSA PACKET CHEESE SAUCE FF RANCH DRESSING | Nov - 8 HAMBURGER Turkey Club Ciabatta LETTUCE & TOMATO RANCH STYLE BEANS TATER TOTS Peaches Chocolate Milk Strawberry Milk White Milk KETCHUP Mayonaise MUSTARD FRESH FRUIT | Nov - 9 SALISBURY STEAK Chicken Rings MASH POTATOES Broccoli FRESH FRUIT Pears WHEAT ROLL Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY KETCHUP ASSORTED DIPPING SAUC | Nov - 10 PEPPERONI PIZZA FISH NUGGETS W/G CORN ROASTED CAULIFLOWER Pineapple FRESH FRUIT Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE |
| Nov - 13 POPCORN CHICKEN PB&J w/Cheesestick CHOC CHIP OATMEAL BA Fresh Broccoli FRESH CARROTS Juice KETCHUP Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY ASSORTED DIPPING SAUC | Nov - 14 Bean & Cheese Chalupas COWBOY CAVATINI APPLE CINNAMON MUFFI LETTUCE & TOMATO CORN STRAWBERRY APPLESAU Chocolate Milk Strawberry Milk White Milk SALSA PACKET FRESH FRUIT | Nov - 15 SPAGHETTI Burrito GARLIC TOAST TOSSED SALAD GREEN BEANS Pineapple Chocolate Milk Strawberry Milk White Milk FF RANCH DRESSING CHEESE SAUCE SALSA PACKET | Nov - 16 CHICKEN STRIPS TACOS SWEET POTATOES ROASTED Broccoli Fruit Cocktail KETCHUP COUNTRY GRAVY Chocolate Milk Strawberry Milk White Milk Jello HONEY SALSA PACKET ASSORTED DIPPING SAUC | Nov - 17 PEPPERONI PIZZA RANCH STYLE BEANS Corn on the Cob Mandarin Oranges Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE |
| Nov - 20 Nov - 27 | Nov - 21 Nov - 28 | Nov - 22 Nov - 29 | Nov - 23 Nov - 30 | Nov - 24 |
| QUESADILLAS CHEESEBURGER BUN PINTO BEANS GREEN BEANS CAPRI SUN Chocolate Milk Strawberry Milk White Milk SALSA PACKET CHEESE SAUCE KETCHUP MUSTARD Mayonaise | Lasagna CHICKEN STRIPS Spinach Garlic Parmesan Squash Chi GARLIC TOAST Peaches Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY ASSORTED DIPPING SAUC KETCHUP | Chicken Salad Roll Ups Burrito COLE SLAW FRESH CARROTS WILD WATRMELON APPLS RANCH DRESSING Chocolate Milk Strawberry Milk White Milk CHEESE SAUCE SALSA PACKET FRESH FRUIT | CHILI BAKED POTATO Steak Fingers Rsted Parmesan Broccoli CORN Blushing Pears WHEAT ROLL Chocolate Milk Strawberry Milk White Milk KETCHUP FUDGE BAR COUNTRY GRAVY | |

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**
*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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NON-DISCRIMINATION STATEMENT:
 THIS INSTITUTION IS AN
 EQUAL OPPURTUNITY EMPLOYER

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