

# Itasca ISD

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1  Menu Subject to change without notice	Oct - 2  TripleBerry French Toast RICE KRISPIES REESE'S PUFFS PUMPKIN SMILES Juice Chocolate Milk Strawberry Milk White Milk Syrup	Oct - 3  BLUEBERRY MUFFIN GO BIG YOGURT CRISPIX GOLDEN GRAHAMS Juice WILD WATERMELON APPLS Chocolate Milk Strawberry Milk White Milk	Oct - 4  Breakfast Stick Cereal Rice Chex LUCKY CHARMS Peaches Juice Chocolate Milk Strawberry Milk White Milk	Oct - 5  Pop Tarts Cereal Frosted Mini Whets APPLE JACKS Grapes Juice Chocolate Milk Strawberry Milk White Milk
Oct - 8  PANCAKES BLUEBERRY M TRIX CIN TOAST CRUNCH Juice Fruit Cocktail Chocolate Milk Strawberry Milk White Milk Syrup	Oct - 9  BREAKFAST PIZZA ALPHA -BITS CEREAL REESE'S PUFFS Juice Pineapple Chocolate Milk Strawberry Milk White Milk	Oct - 10  CINNAMON ROLL Cheerios GOLDEN GRAHAMS Pears Juice Chocolate Milk Strawberry Milk White Milk	Oct - 11  Sausage Wrap Cereal Rice Chex LUCKY CHARMS Juice Peaches Chocolate Milk Strawberry Milk White Milk Syrup	Oct - 12  CRUMB CAKE Cereal Frosted Mini Whets APPLE JACKS BLUE RASPBERRY APPLES Juice Chocolate Milk Strawberry Milk White Milk
Oct - 15  Apple Cherry Frudels CIN TOAST CRUNCH TRIX Juice Banana Chocolate Milk Strawberry Milk White Milk Glaze	Oct - 16  SAUSAGE PATTIE Toast ALPHA -BITS CEREAL REESE'S PUFFS Juice PUMPKIN SMILES Chocolate Milk Strawberry Milk White Milk GRAPE JELLY	Oct - 17  Trix Yogurt Cups Cheerios GOLDEN GRAHAMS Juice Fruit Cocktail Chocolate Milk Strawberry Milk White Milk GRANOLA	Oct - 18  Bacon Eggstravaganza Toast LUCKY CHARMS Cereal Rice Chex Peaches Juice Chocolate Milk Strawberry Milk White Milk SALSA PACKET	Oct - 19  Mini Cinni's Cereal Frosted Mini Whets APPLE JACKS Grapes Juice Chocolate Milk Strawberry Milk White Milk Glaze
Oct - 22  MINI SAUSAGE LINKS CIN TOAST CRUNCH TRIX Juice Fruit Cocktail Chocolate Milk Strawberry Milk White Milk	Oct - 23  CHOC CHIP PUMPKIN MUF ALPHA -BITS CEREAL REESE'S PUFFS Pineapple Juice Chocolate Milk Strawberry Milk White Milk	Oct - 24  Blueberry Bubble Bread CHEESE STICK GOLDEN GRAHAMS Cheerios Juice Pears Chocolate Milk Strawberry Milk White Milk	Oct - 25  PEANUT BUTTER TOAST Cereal Rice Chex LUCKY CHARMS Juice STRAWBERRY CUPS Chocolate Milk Strawberry Milk White Milk GRAPE JELLY	Oct - 26  Zuchini Bread APPLE JACKS Cereal Frosted Mini Whets Juice BLUE RASPBERRY APPLES Chocolate Milk Strawberry Milk White Milk

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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## OCT BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 29  Sausage Link Toast CIN TOAST CRUNCH TRIX Juice Banana Chocolate Milk Strawberry Milk White Milk	Oct - 30  Bacon Eggstravaganza ALPHA -BITS CEREAL REESE'S PUFFS Toast PUMPKIN SMILES Juice Chocolate Milk Strawberry Milk White Milk SALSA PACKET GRAPE JELLY	Oct - 31  Blueberry Waffles Triple Berry Cheerios GOLDEN GRAHAMS Juice Pineapple Chocolate Milk Strawberry Milk White Milk Syrup		

NON-DISCRIMINATION STATEMENT:

THIS INSTITUTION IS AN

EQUAL OPPURTUNITY EMPLOYER

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