

Itasca ISD

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Menu Subject to change without notice	Oct - 2 CHEESEBURGER Turkey Club Ciabatta LETTUCE & TOMATO Baked Beans TATER TOTS Peaches FRESH FRUIT Chocolate Milk Strawberry Milk White Milk KETCHUP Mayonaise MUSTARD	Oct - 3 Burrito RAVIOLI Spanish Rice GREEN BEANS TOSSED SALAD TROPICAL FRUIT FRESH FRUIT Chocolate Milk Strawberry Milk White Milk SALSA PACKET CHEESE SAUCE FF RANCH DRESSING	Oct - 4 SALISBURY STEAK Chicken Rings MASH POTATOES Broccoli FRESH FRUIT Pears WHEAT ROLL Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY KETCHUP ASSORTED DIPPING SAUC	Oct - 5 PEPPERONI PIZZA FISH SAND PEAS ROASTED CAULIFLOWER Pineapple FRESH FRUIT Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE FUDGE BAR KETCHUP TARTAR SAUCE PKT 16-17
Oct - 8 POPCORN CHICKEN BREADED CHEESE STICK CARROTS Scalloped Potatoes CAPRI SUN CHOCOLATE OATMEAL BA FRESH FRUIT Marinara RANCH DRESSING KETCHUP ASSORTED DIPPING SAUC COUNTRY GRAVY Chocolate Milk Strawberry Milk White Milk	Oct - 9 BEEF & BEAN CHALUPA COWBOY CAVATINI LETTUCE & TOMATO Corn BLUE RASPBERRY APPLES Sherbet Cup WHEAT BREAD SLICE FRESH FRUIT SALSAS PACKET SOUR CREAM Chocolate Milk Strawberry Milk White Milk	Oct - 10 SPAGHETTI Burrito GARLIC TOAST TOSSED SALAD GREEN BEANS Pineapple FRESH FRUIT Chocolate Milk Strawberry Milk White Milk SALSA PACKET Chili #10 6.35 *** FF RANCH DRESSING	Oct - 11 CHICKEN STRIPS Pork Roast W/ Gravy MASH POTATOES Broccoli Fruit Cocktail Jello WHEAT ROLL FRESH FRUIT KETCHUP COUNTRY GRAVY ASSORTED DIPPING SAUC Chocolate Milk Strawberry Milk White Milk	Oct - 12 ROUND PEP PIZZA CORN DOG Baked Beans Corn on the Cob Peaches FRESH FRUIT PARMESAN CHEESE KETCHUP MUSTARD Chocolate Milk Strawberry Milk White Milk CHOCOLATE MUFFIN
Oct - 15 Chicken Fingers Chili Cheese Frito Pie HS AU GRATIN POTATOES PEAS CAPRI SUN FRESH FRUIT Chocolate Milk Strawberry Milk White Milk ASSORTED DIPPING SAUC KETCHUP COUNTRY GRAVY	Oct - 16 NACHOS PULLED PORK w/BBQ REFRIED BEANS GREEN BEANS Peaches CHOC CHIP COOKIES SALSA PACKET SOUR CREAM FRESH FRUIT Chocolate Milk Strawberry Milk White Milk	Oct - 17 Steak Fingers Chicken Rings MASH POTATOES CARROTS TROPICAL FRUIT WHEAT ROLL KETCHUP COUNTRY GRAVY FRESH FRUIT Chocolate Milk Strawberry Milk White Milk	Oct - 18 CHICKEN STRIP SAND HAMBURGER Corn Broccoli w/ Cheese Blushing Pears CHOC CHIP OATMEAL BA FRESH FRUIT Bbq Sauce Cup KETCHUP MUSTARD Mayonaise Chocolate Milk Strawberry Milk White Milk	Oct - 19 PEPPERONI PIZZA BAJA FISH STICKS TOSSED SALAD w/RANCH DRESSING CALIF BLEND VEGGIES Pineapple ICE CREAM SAND KETCHUP PARMESAN CHEESE TARTAR SAUCE PKT 16-17 Chocolate Milk Strawberry Milk White Milk FRESH FRUIT

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Oct - 22 QUESADILLAS CHEESEBURGER Baked Beans GREEN BEANS CAPRI SUN Chocolate Milk Strawberry Milk White Milk SALSA PACKET Blushing Pears CHEESE SAUCE KETCHUP Mayonaise MUSTARD	Oct - 23 Lasagna CHICKEN STRIPS Spinach CORN GARLIC TOAST Mandarin Oranges Chocolate Milk Strawberry Milk White Milk FRESH FRUIT COUNTRY GRAVY ASSORTED DIPPING SAUC KETCHUP	Oct - 24 Chicken Taquitos Ham Cheese on a Bun COLE SLAW Pinto Beans WILD WATERMELON APPLS Chocolate Milk Strawberry Milk White Milk FRESH FRUIT SALSA PACKET CHOCOLATE MUFFIN Sour Cream Fat Free KETCHUP MUSTARD Mayonaise Chili #10 6.35 ***	Oct - 25 CHICKEN SAND TACOS SWEET POTATOES PEAS Peaches CHOC CHIP COOKIES Jello KETCHUP COUNTRY GRAVY Chocolate Milk Strawberry Milk White Milk ASSORTED DIPPING SAUC FRESH FRUIT SALSA PACKET CHEESE, CHEDDAR, SHR	Oct - 26 ROUND PEP PIZZA FISH SAND CURLY FRIES FRESH MIX VEGGIES Pineapple Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE KETCHUP FRESH FRUIT
Oct - 29 BBQ Chicken CORN DOG Scalloped Potatoes CARROTS Cornbread Muffin FRESH FRUIT CAPRI SUN Chocolate Milk Strawberry Milk White Milk KETCHUP MUSTARD	Oct - 30 TACOS Italian Ham Panini PINTO BEANS LETTUCE & TOMATO PICO DE GALLO Spanish Rice STRAWBERRY APPLESAU FRESH FRUIT Chocolate Milk Strawberry Milk White Milk SALSA PACKET CHEESE, CHEDDAR, SHR	Oct - 31 HAMBURGER CHICKEN ALFREDO TATER TOTS Baked Beans Mandarin Oranges Chocolate Milk Strawberry Milk White Milk KETCHUP MUSTARD Mayonaise FRESH FRUIT		

NON-DISCRIMINATION STATEMENT:

THIS INSTITUTION IS AN

EQUAL OPPURTUNITY EMPLOYER

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