

# Itasca ISD

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1  Menu Subject to change without notice	Oct - 2  HAMBURGER Turkey Club Ciabatta LETTUCE & TOMATO Baked Beans TATER TOTS Peaches Chocolate Milk Strawberry Milk White Milk KETCHUP Mayonaise MUSTARD	Oct - 3  Burrito RAVIOLI Spanish Rice GREEN BEANS TOSSED SALAD TROPICAL FRUIT Chocolate Milk Strawberry Milk White Milk SALSА PACKET CHEESE SAUCE FF RANCH DRESSING	Oct - 4  SALISBURY STEAK Chicken Rings MASH POTATOES Broccoli Pears WHEAT ROLL Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY KETCHUP ASSORTED DIPPING SAUC	Oct - 5  PEPPERONI PIZZA FISH SAND PEAS ROASTED CAULIFLOWER Pineapple Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE FUDGE BAR KETCHUP TARTAR SAUCE PKT 16-17
Oct - 8  POPCORN CHICKEN BREADED CHEESE STICK CARROTS Scalloped Potatoes CAPRI SUN Marinara RANCH DRESSING KETCHUP ASSORTED DIPPING SAUC COUNTRY GRAVY Chocolate Milk Strawberry Milk White Milk	Oct - 9  BEEF & BEAN CHALUPA COWBOY CAVATINI LETTUCE & TOMATO Corn BLUE RASPBERRY APPLES FRESH FRUIT SALSА PACKET SOUR CREAM Chocolate Milk Strawberry Milk White Milk Sherbet Cup	Oct - 10  SPAGHETTI Burrito GARLIC TOAST TOSSED SALAD GREEN BEANS Pineapple Chocolate Milk Strawberry Milk White Milk SALSА PACKET Chili #10 6.35 *** FF RANCH DRESSING	Oct - 11  CHICKEN STRIPS Pork Roast W/ Gravy MASH POTATOES Broccoli Fruit Cocktail Jello WHEAT ROLL KETCHUP COUNTRY GRAVY ASSORTED DIPPING SAUC Chocolate Milk Strawberry Milk White Milk	Oct - 12  ROUND PEP PIZZA CORN DOG Baked Beans Corn on the Cob Peaches FRESH FRUIT PARMESAN CHEESE KETCHUP MUSTARD Chocolate Milk Strawberry Milk White Milk
Oct - 15  Chicken Fingers Chili Cheese Frito Pie AU GRATIN POTATOES PEAS Juice FRESH FRUIT Chocolate Milk Strawberry Milk White Milk ASSORTED DIPPING SAUC KETCHUP COUNTRY GRAVY	Oct - 16  NACHOS PULLED PORK w/BBQ REFRIED BEANS GREEN BEANS Peaches CHOC CHIP COOKIES JALAPENOS 16-17 SALSА PACKET FRESH FRUIT Chocolate Milk Strawberry Milk White Milk	Oct - 17  Steak Fingers Chicken Rings MASH POTATOES CARROTS TROPICAL FRUIT WHEAT ROLL KETCHUP COUNTRY GRAVY FRESH FRUIT Chocolate Milk Strawberry Milk White Milk	Oct - 18  CHICKEN STRIP SAND HAMBURGER Corn Broccoli w/ Cheese Blushing Pears FRESH FRUIT Bbq Sauce Cup KETCHUP MUSTARD Mayonaise Chocolate Milk Strawberry Milk White Milk	Oct - 19  PEPPERONI PIZZA BAJA FISH STICKS TOSSED SALAD w/RANCH DRESSING CALIF BLEND VEGGIES Pineapple ICE CREAM SAND KETCHUP PARMESAN CHEESE TARTAR SAUCE PKT 16-17 Chocolate Milk Strawberry Milk White Milk FRESH FRUIT

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Itasca ISD

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 22  QUESADILLAS CHEESEBURGER Baked Beans GREEN BEANS CAPRI SUN Chocolate Milk Strawberry Milk White Milk SALSA PACKET Blushing Pears CHEESE SAUCE KETCHUP Mayonaise MUSTARD	Oct - 23  Lasagna CHICKEN STRIPS Spinach CORN GARLIC TOAST Mandarin Oranges Chocolate Milk Strawberry Milk White Milk COUNTRY GRAVY ASSORTED DIPPING SAUC KETCHUP	Oct - 24  Chicken Taquitos Ham Cheese on a Bun COLE SLAW Pinto Beans WILD WATERMELON APPLS Chocolate Milk Strawberry Milk White Milk FRESH FRUIT SALSA PACKET KETCHUP MUSTARD Mayonaise Chili #10 6.35 ***	Oct - 25  CHICKEN SAND TACOS SWEET POTATOES PEAS Peaches Jello KETCHUP Chocolate Milk Strawberry Milk White Milk ASSORTED DIPPING SAUC FRESH FRUIT SALSA PACKET CHEESE, CHEDDAR, SHR	Oct - 26  ROUND PEP PIZZA FISH SAND CURLY FRIES FRESH MIX VEGGIES Pineapple Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE KETCHUP FRESH FRUIT
Oct - 29  BBQ Chicken CORN DOG Scalloped Potatoes CARROTS Cornbread Muffin FRESH FRUIT CAPRI SUN Chocolate Milk Strawberry Milk White Milk KETCHUP MUSTARD	Oct - 30  TACOS Italian Ham Panini PINTO BEANS LETTUCE & TOMATO PICO DE GALLO Spanish Rice STRAWBERRY APPLESAU FRESH FRUIT Chocolate Milk Strawberry Milk White Milk SALSA PACKET CHEESE, CHEDDAR, SHR	Oct - 31  HAMBURGER BUN CHICKEN ALFREDO TATER TOTS Baked Beans Mandarin Oranges Chocolate Milk Strawberry Milk White Milk KETCHUP MUSTARD Mayonaise FRESH FRUIT		

NON-DISCRIMINATION STATEMENT:

THIS INSTITUTION IS AN

EQUAL OPPURTUNITY EMPLOYER

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.