

Itasca ISD

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Menu Subject to change without notice	Oct - 2 TripleBerry French Toast RICE KRISPIES Juice White Milk Syrup	Oct - 3 BLUEBERRY MUFFIN CRISPIX Juice White Milk	Oct - 4 Breakfast Stick Cereal Rice Chex Juice White Milk	Oct - 5 Pop Tarts Cereal Frosted Mini Whts Grapes White Milk
Oct - 8 PANCAKES BLUEBERRY M CIN TOAST CRUNCH Juice White Milk Syrup	Oct - 9 BREAKFAST PIZZA ALPHA -BITS CEREAL Pineapple White Milk	Oct - 10 CINNAMON ROLL Cheerios Pears Juice White Milk	Oct - 11 Sausage Wrap Cereal Rice Chex Peaches White Milk	Oct - 12 CRUMB CAKE Cereal Frosted Mini Whts Juice White Milk
Oct - 15 Apple Cherry Frudels CIN TOAST CRUNCH Banana White Milk	Oct - 16 SAUSAGE PATTIE Toast ALPHA -BITS CEREAL Juice White Milk GRAPE JELLY	Oct - 17 Trix Yogurt Cups Cheerios Juice Fruit Cocktail White Milk	Oct - 18 Bacon Eggstravaganza Toast Cereal Rice Chex Juice White Milk	Oct - 19 Mini Cinni's Cereal Frosted Mini Whts Grapes White Milk Glaze
Oct - 22 MINI SAUSAGE LINKS CIN TOAST CRUNCH TRIX Juice Fruit Cocktail Chocolate Milk Strawberry Milk White Milk	Oct - 23 CHOC CHIP PUMPKIN MUF ALPHA -BITS CEREAL REESE'S PUFFS Pineapple Juice Chocolate Milk Strawberry Milk White Milk	Oct - 24 Blueberry Bubble Bread CHEESE STICK GOLDEN GRAHAMS Cheerios Juice Pears Chocolate Milk Strawberry Milk White Milk	Oct - 25 PEANUT BUTTER TOAST Cereal Rice Chex LUCKY CHARMS Juice STRAWBERRY CUPS Chocolate Milk Strawberry Milk White Milk GRAPE JELLY	Oct - 26 Zuchini Bread APPLE JACKS Cereal Frosted Mini Whts Juice BLUE RASPBERRY APPLES Chocolate Milk Strawberry Milk White Milk
Oct - 29 Sausage Link Toast CIN TOAST CRUNCH TRIX Juice Banana Chocolate Milk Strawberry Milk White Milk	Oct - 30 Bacon Eggstravaganza ALPHA -BITS CEREAL REESE'S PUFFS Toast PUMPKIN SMILES Juice Chocolate Milk Strawberry Milk White Milk SALSA PACKET GRAPE JELLY	Oct - 31 Blueberry Waffles Triple Berry Cheerios GOLDEN GRAHAMS Juice Pineapple Chocolate Milk Strawberry Milk White Milk Syrup		

NON-DISCRIMINATION STATEMENT:

THIS INSTITUTION IS AN

EQUAL OPPURTUNITY EMPLOYER

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.