

# Itasca ISD

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1  Menu Subject to change without notice	Oct - 2	Oct - 3  Burrito Spanish Rice GREEN BEANS TOSSED SALAD TROPICAL FRUIT White Milk FF RANCH DRESSING	Oct - 4  SALISBURY STEAK MASH POTATOES Broccoli Pears WHEAT ROLL White Milk	Oct - 5  PEPPERONI PIZZA PEAS ROASTED CAULIFLOWER Pineapple White Milk PARMESAN CHEESE ICE CREAM CUPS
Oct - 8  POPCORN CHICKEN CARROTS Scalloped Potatoes Juice KETCHUP White Milk	Oct - 9  BEEF & BEAN CHALUPA LETTUCE & TOMATO Corn BLUE RASPBERRY APPLES White Milk	Oct - 10  SPAGHETTI GARLIC TOAST TOSSED SALAD GREEN BEANS Pineapple White Milk FF RANCH DRESSING	Oct - 11  CHICKEN STRIPS MASH POTATOES Broccoli Fruit Cocktail Jello KETCHUP White Milk	Oct - 12  ROUND PEP PIZZA BAKED BEANS Corn on the Cob Peaches White Milk
Oct - 15  Chicken Fingers AU GRATIN POTATOES PEAS Juice White Milk KETCHUP	Oct - 16  NACHOS REFRIED BEANS GREEN BEANS Peaches White Milk	Oct - 17  Chicken Rings MASH POTATOES CARROTS TROPICAL FRUIT KETCHUP White Milk	Oct - 18  Hamburger Corn Broccoli w/ Cheese Blushing Pears KETCHUP MUSTARD White Milk	Oct - 19  PEPPERONI PIZZA TOSSED SALAD w/RANCH DRESSING CALIF BLEND VEGGIES Pineapple White Milk
Oct - 22  QUESADILLAS BAKED BEANS GREEN BEANS Juice CHEESE SAUCE White Milk	Oct - 23  Lasagna Spinach CORN GARLIC TOAST MANDARIN ORANGES White Milk	Oct - 24  Chicken Taquitos COLE SLAW Pinto Beans WILD WATERMELON APPLS White Milk	Oct - 25  CHICKEN SAND SWEET POTATOES PEAS Peaches Jello KETCHUP White Milk	Oct - 26  ROUND PEP PIZZA FISH SAND CURLY FRIES FRESH MIX VEGGIES Pineapple Chocolate Milk Strawberry Milk White Milk PARMESAN CHEESE KETCHUP FRESH FRUIT

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 29  BBQ Chicken CORN DOG Scalloped Potatoes CARROTS Cornbread Muffin FRESH FRUIT CAPRI SUN Chocolate Milk Strawberry Milk White Milk KETCHUP MUSTARD	Oct - 30  TACOS Italian Ham Panini PINTO BEANS LETTUCE & TOMATO PICO DE GALLO Spanish Rice STRAWBERRY APPLESAU FRESH FRUIT Chocolate Milk Strawberry Milk White Milk SALSA PACKET CHEESE, CHEDDAR, SHR NUTRI-GRAIN BAR	Oct - 31  Hamburger TATER TOTS BAKED BEANS MANDARIN ORANGES White Milk KETCHUP MUSTARD Mayonaise		

NON-DISCRIMINATION STATEMENT:

THIS INSTITUTION IS AN

EQUAL OPPURTUNITY EMPLOYER

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