

Itasca ISD
OCT PK LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 2	Oct - 3 Burrito Spanish Rice GREEN BEANS TROPICAL FRUIT White Milk CHEESE SAUCE	Oct - 4 HAMBURGER RANCH STYLE BEANS TATER TOTS Peaches White Milk KETCHUP	Oct - 5 SALISBURY STEAK MASH POTATOES Broccoli Blushing Pears WHEAT ROLL White Milk	Oct - 6 PEPPERONI PIZZA CORN ROASTED CAULIFLOWER Pineapple White Milk PARMESAN CHEESE
Oct - 9 POPCORN CHICKEN Fresh Broccoli FRESH CARROTS Juice KETCHUP White Milk	Oct - 10 COWBOY CAVATINI CORN STRAWBERRY APPLESAU White Milk	Oct - 11 SPAGHETTI GARLIC TOAST TOSSED SALAD GREEN BEANS Pineapple White Milk FF RANCH DRESSING	Oct - 12 CHICKEN STRIPS SWEET POTATOES ROASTED Broccoli Fruit Cocktail KETCHUP White Milk	Oct - 13 PEPPERONI PIZZA RANCH STYLE BEANS Corn on the Cob Mandarin Oranges White Milk PARMESAN CHEESE
Oct - 16 Chicken Fingers AU GRATIN POTATOES PEAS Juice White Milk KETCHUP	Oct - 17 NACHOS REFRIED BEANS GREEN BEANS Watermelon White Milk	Oct - 18 Steak Fingers MASH POTATOES CARROTS TROPICAL FRUIT White Milk KETCHUP	Oct - 19 CITRUS HERB CHICKEN Brown Rice Rstd Parmesan Broccoli CORN Blushing Pears White Milk	Oct - 20 PEPPERONI PIZZA TOSSED SALAD CALIF BLEND VEGGIES Pineapple White Milk FF RANCH DRESSING
Oct - 23 QUESADILLAS PINTO BEANS GREEN BEANS Juice White Milk CHEESE SAUCE	Oct - 24 Lasagna Spinach Garlic Parmesan Squash Chi Peaches GARLIC TOAST White Milk	Oct - 25 Chicken Salad Roll Ups COLE SLAW FRESH CARROTS WILD WATERMELON APPLS White Milk	Oct - 26 Pork Roast MASH POTATOES CORN Fruited Jello WHEAT ROLL White Milk	Oct - 27 PEPPERONI PIZZA CURLY FRIES FRESH MIX VEGGIES Pineapple White Milk PARMESAN CHEESE KETCHUP
Oct - 30 CORN DOG GREEN BEANS FRESH CARROTS Juice White Milk KETCHUP	Oct - 31 TACOS PINTO BEANS Spanish Rice STRAWBERRY APPLESAU White Milk CHEESE, CHEDDAR, SHR Spooky Sundae Cups			

NON-DISCRIMINATION STATEMENT:
THIS INSTITUTION IS AN
EQUAL OPPURTUNITY EMPLOYER

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.